



# Strength Finder Assessment

For: \_\_\_\_\_

Purpose: To help identify core strengths, uncover growth opportunities, and create actionable steps to enhance career progression.

**The following questions will help identify your natural talents and strengths.**

1. What are the accomplishments in your current role as that you are most proud of?

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2. List 2-3 tasks or projects that energize you the most.

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3. What positive feedback have you consistently received from colleagues, clients, or managers?

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4. What do others often come to you for help with?

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5. What skills or abilities set you apart from other in similar roles?

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6. How do you approach problem-solving or challenges differently from your peers?

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7. Which aspects of your current role resonate most deeply with you?

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8. How does your work align with your personal values and long-term goals?

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